

## The HSC Outpatient Center

The HSC Outpatient Centers provide easy access to family-centered therapy and equipment support for children up to 21 years of age with complex medical conditions and disabilities. The centers offer physical therapy, speech and language therapy, occupational therapy, behavioral health services, and assistive technology evaluation and training. The centers are also home to equipment clinics, which serve as one-stop shops for children and their families. The HSC Outpatient Centers are extensions of The HSC Pediatric Center, a pediatric specialty hospital in the District of Columbia. The HSC Outpatient Centers serve the Washington metropolitan area.



THE HSC HEALTH CARE SYSTEM

## The HSC Outpatient Center

The HSC Outpatient Centers  
are open Monday through Friday  
from 8 a.m. to 6 p.m.

To schedule an appointment with the equipment  
clinic, please call 202-635-6167.

To schedule an appointment for therapy services,  
please call 202-635-5580.

To schedule an appointment for behavioral health  
services, please call 202-461-3700.

1731 Bunker Hill Road, NE  
Washington, DC 20017

4500 Forbes Boulevard  
Lanham, MD 20706

14995 Shady Grove Road, Suite 200  
Rockville, MD 20850

[www.hschealth.org](http://www.hschealth.org)

The HSC Health Care System complies with applicable federal  
civil rights laws and does not discriminate on the basis of race,  
color, national origin, age, disability or sex.



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# Individualized Pediatric Care is What We Do Best

All outpatient services are tailored to enable the success of each child. Our clients range from infants to young adults up to age 21 with complex medical conditions, including developmental delays, cerebral palsy, or brain injuries. We make it easier for families to receive quality care for their loved ones by offering a full suite of services in three convenient locations in the Washington metropolitan area. We take pride in fostering a nurturing environment of family-based care that enables those we serve to learn, play and grow, while receiving the therapeutic care and support they need.

## Our Services

### Assistive Technology & Power Mobility

The assistive technology team works to improve the lives of children with disabilities through the use of technology, allowing them to communicate, learn, play, interact, and access and better control their environment. Our team works to identify technologies to improve independence in the home, school and community, as well as match children with the best mobility device or equipment for their needs.

### Behavioral Health

The behavioral health team provides Psychology and Applied Behavior Analysis (ABA) services for children, adolescents and young adults. Our pediatric psychologists provide tailored evaluation and treatment services for clients with coexisting medical conditions and mental health difficulties. Our Board Certified Behavior Analysts implement individualized ABA-based interventions that focus on improving communication, social functioning, school readiness, and activities of daily living.

### Occupational Therapy

The occupational therapy team helps children improve their independence with daily activities like feeding, dressing and playing. Working to increase strength and coordination, our team can help children improve their posture, balance and visual coordination, and to understand the sounds, sights and other movements around them.

### Physical Therapy

Our physical therapy team helps children move around and be as independent as possible, working on age-appropriate skills like rolling, crawling, sitting, standing and walking. Our physical therapists are trained in studying movement patterns and helping patients learn or relearn motor skills.

### Speech-Language & Feeding Therapy

Our speech-language team uses fun and creative ways to teach children to communicate with the world around them. We help children use their voice or other means of technology, work on problem solving, increase memory and social skills, and ask and understand questions. Our feeding team also teaches children who have difficulty eating, to chew and swallow their food safely.

### Equipment Clinic

The equipment team maximizes the independence of children with disabilities through the evaluation and use of durable medical equipment (ex. wheelchairs) and orthotics (ex. an artificial support or brace). We individually evaluate children's needs and bring together a team of health care professionals with state-of-the-art equipment vendors to offer individualized support and services. We offer:

- **Seating & Positioning Assessment** – Evaluate and position the current seating system, and if appropriate, adjust for greater comfort and alignment.
- **Wheelchair Evaluation** – Assess and determine the need for a manual or power wheelchair.
- **Additional Equipment Support** – Assess and measure for equipment such as adapted strollers, alternative seating systems for home and school, bath and shower chairs, canes, crutches, gait trainers, lifts, standers, walkers, etc.
- **Orthotics & Prosthetics** – Evaluate and cast for orthotics, prosthetics or other artificial supports to improve balance, gait and alignment.
- **Client & Family Training** – Educate and train children and their families to safely use, maintain, set up and breakdown each piece of equipment.



**“The things that make me different are  
the things that make me ME.”**

**-A.A. Milne**