Welcome to HSC
The Kids Handbook

Welcome to HSC!

We are happy you have chosen our hospital for your care.

• You will be given a handbook about your stay here at HSC. After you read it, if you have any questions please ask your nurse and we will be happy to answer your questions.
You are very important at HSC

• Your will have a daily schedule of getting up, having therapy and going to bed.
• Your parents may visit at any time. (Brothers and sisters and other visitors’ hours are 10 am to 8 pm daily).
• One of your parents may stay overnight at your bedside.
• We want to help to make you healthy and happy.
Play room and Teen Lounge

- The play room and teen lounge are on the unit, and are for you.
- They are places for you to meet other patients to play and to have fun.
Food

• We want you to try some new foods and have some of your favorite foods while you are here.

• Please eat a healthy diet while you are at HSC.

• You get to choose foods to help in your healing.
Safety Issues

• We want you to feel safe here at HSC.

• Your visitors will wear a HSC name tag so we will know who they are.

• HSC staff wear name tags too!

• For your safety, we will question anyone without a HSC name tag.
Personal Items/Clothing

• We are happy to have clothing, toys and games for you during your hospital stay.
• If you bring your own things, be sure to put your name on each item!
• Please clean up in your room to keep the room pleasant and safe.
You Have Rights!

• As a patient at HSC, you can expect to:
  • Be called by your name and know the names of your doctors, nurses and any others who help care for you.
  • Have people take the time to listen, hear what you say.
  • Be treated kindly by people who take care of you.
  • Be kept as pain free as possible.
You Have Rights!

• Have your privacy respected.
• Make choices about your care and have staff answer your questions in a way you can understand.
• Have your family and friends around to comfort you and help take care of you when they are able.
You Have Rights!

• Have an interpreter or assistive device if you need one.
• Have time to rest, sleep, study and play.
• Learn what you need to do so you can go home as soon as possible.