



THE HSC HEALTH CARE SYSTEM



Join **The HSC Health Care System** in partnership with The HSC Pediatric Center's Kids in Action Program, for our annual **Adaptive Adventure Day!** Children and young adults with disabilities from ages 4 to 22 are invited to participate in **FREE adaptive sports**. All abilities are welcome. Lunch and water are provided.

- **Adaptive Boxing**
- **Boccia**
- **Kayaking**
- **Lacrosse**
- **Rugby**
- **Tennis**
- **Wheelchair Basketball**



**Saturday,
September 14, 2019
from 9:00am - 3:00pm***
*half day option available

Trinity University Gymnasium
125 Michigan Avenue, NE,
Washington, DC 20017



To register or volunteer, please go to hshealth.org/adaptive-adventure-day

For questions, contact Robyn Winston Cohen at rwinston@hshealth.org or call 202-557-1851



@HSCHealthCare



@HSCKidsinAction